



shop.local!

Pane e Vino is now open for lunch, enjoy it on their patio.

Raising a boy?

Check out the very charming "1001 Rules for My Unborn Son" (written by Walker Lamond)

Fight recession depression... shop with a local, independent business owner this month.

11-15

May is National Bike Month and the League of American Bicyclists is promoting Bike-to-Work Week from May 11-15.



Be stylishly green with a Cynthia Rowley cruiser.

7 Stock up on some new warmer weather essentials at Thera M. boutique's Springtime Tea Party from 5-8pm, complete with tea sandwiches and Firefly Sweet Tea vodka cocktails.

8 Raise awareness for the American Lung Association at its 2nd annual "Lowcountry Dancing with the Stars" Oxygen Ball, featuring dinner, an oxygen bar, music and a silent auction at the Francis Marion Hotel, 7-11pm. For information, 556.8451 or mrsnv.com.

"If you worried about falling off the bike, you'd never get on."

Lance Armstrong

19 Get a free skin cancer screening for Melanoma Awareness Month from 5-7pm. Call 402-CARE to make an appt.

20 This month, commit to Morning Pages... a 3-page brain dump of worries, hopes, dreams, random thoughts. Don't edit, don't judge, don't take your pen off the paper 'til you're done.

21 Support the Florence Crittendon Program by attending Spring Forward, a fundraising event in conjunction with the SC Campaign to Prevent Teen Pregnancy from 5-8pm. The event features live music, a raffle and guest speakers explaining how the Program has changed their lives. florencecrittendon.org

22

Piccolo Spoleto and Spoleto Festival begin with over 120 performances, fine art and more.

Time to get outside and get fit. Do it in a sports bra designed by a woman athlete for extra support, extra comfort—and no mono boob! americansportsbra.com



Half price wine with dinner at Five Loaves from 5-8 on Tuesdays and Fridays.



Charleston, SC Festival featuring concerts, dance performances, literary events and exhibitions of fine art and photography. For more information, 745.1087.

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